

Customs, Courtesies, and Traditions: “Carried Strength” Video Case Study

Facilitator: This is a three-part video. Watch each part, asking the associated questions after the correct segment. Remember that PVT Bandy volunteered to share this story and is a dedicated Soldier proudly serving in our profession of arms.

Video summary: PVT Bandy joins the family tradition of service to the nation. Her father’s commitment to high standards and discipline helped to foster *esprit de corps* during his time in the Army. While placing the mission above his own welfare, PVT Bandy’s father was killed in action. His professional character and commitment to serving is what inspired her to join the Army.

Three parts: Length: 1:20, 0:56, 1:21.

Notes:

Part 1

- PVT Bandy shares how she came to see the Army and its tradition of service through her father’s service in Iraq.
 - What examples of the Army’s culture and traditions did SGT Large (PVT Bandy’s father) model?
 - How does his example show a tradition of service?

Part 2

- How did PVT Bandy’s perception of the Army’s ‘tradition of service’ affect her decision to join?
- She describes the stress during Basic Combat Training.
 - Describe a time when you have felt like quitting.
 - How did you get through it?

Part 3

- How did PVT Bandy get through the urge to quit?
- Army Culture is comprised of Customs, Traditions and the Shared Values held by members of the Army Profession.
 - Explain how the two ceremonies, SGT Large’s memorial and PVT Bandy’s graduation, positively add to the Army Culture.
 - How do ceremonies inspire morale and *Esprit de corps*?
- How are SGT Large’s Battle Buddies and friends acting as Stewards of the Army Profession?
- How are they passing on the Army’s Customs, Courtesies and Traditions?